

Product Data Sheet

Product Name

Promin Low Protein Muffin Mix

Product Flavour

Chocolate

Product Weight

347g

Ingredients

Wheat Starch (Gluten), Light Soft Brown Sugar, Cocoa Powder, **Baking Powder (Wheat)**, Granulated Sugar, Stabiliser, Guar Gum, Chocolate Flavour. For allergens, see ingredients in **bold**.

Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.00156
Hydroxyproline	0.000
Aspartic Acid	0.0631
Threonine	0.0426
Serine	0.0513
Glutamic Acid	0.177
Proline	0.0552
Glycine	0.0431
Alanine	0.0479
Cystine	0.00156
Valine	0.0582
Methionine	0.0121
Isoleucine	0.0378
Leucine	0.0660
Tyrosine	0.0158
Phenylalanine	0.0524
Histidine	0.0187
Tryptophan	0.000
Lysine	0.0315
Arginine	0.0519

Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>
Energy	kJ	1527
	Kcal	360
Fat	g	0.4
of which saturates	g	0.4
Carbohydrates	g	88
of which sugars	g	39.4
Fibre	g	1.5
Protein	g	0.8
Salt	g	1.8

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>
Sodium	g	0.7

Cooking Instructions

<u>Measurements</u>	<u>6 Muffins</u>	<u>12 Muffins</u>
Muffin Mix	216g	432g
Water	180ml	360ml
Margarine	54g	108g

- Place the muffin mix in a mixing bowl and crumble the margarine into the bowl,
- Add half of the water and mix for 1 minute,
- Add the remaining water and mix for 2 minutes until a light cake batter is formed,
- Scale the mix off into cases at 75g per case,
- Bake at 200°C for 30 minutes.

Additional Information

- Store in a cool dry place. Once opened use within 6 weeks
- Shelf Life – 9 months
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.