

## Product Data Sheet

Product Name

Promin Low Protein Muffin Mix

Product Flavour

Apple & Cinnamon

Product Weight

347 g

Ingredients

**Wheat Starch (Gluten)**, Light Soft Brown Sugar, **Apple Flake (Sulphur Dioxide)**, Granulated Sugar, **Baking Powder (Wheat)**, Cinnamon, Stabiliser, Guar Gum, Apple Flavour. Allergens in **bold**.

Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.000
Hydroxyproline	0.000
Aspartic Acid	0.0182
Threonine	0.00546
Serine	0.00636
Glutamic Acid	0.0252
Proline	0.00913
Glycine	0.00782
Alanine	0.00747
Cystine	0.000445
Valine	0.00714
Methionine	0.00171
Isoleucine	0.00475
Leucine	0.00883
Tyrosine	0.00196
Phenylalanine	0.00574
Histidine	0.00302
Tryptophan	0.000
Lysine	0.00667
Arginine	0.00578

### Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>
Energy	kJ	1530
	Kcal	360
Fat	g	0.4
of which saturates	g	0.1
Carbohydrates	g	90
of which sugars	g	42.1
Fibre	g	1.5
Protein	g	0.1
Salt	g	2

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>
Sodium	g	0.8

### Cooking Instructions

<u>Measurements</u>	<u>6 Muffins</u>	<u>12 Muffins</u>
Muffin Mix	222g	444g
Water	175ml	350ml
Margarine	53g	105g

- Place the muffin mix in a mixing bowl and crumble the margarine into the bowl,
- Add half of the water and mix for 1 minute,
- Add the remaining water and mix for 2 minutes until a light cake batter is formed,
- Scale the mix off into cases at 75g per case,
- Bake at 200°C for 30 minutes.

### Additional Information

- Store in a cool dry place. Once opened use within 6 weeks
- Shelf Life – 9 months
- Not suitable for children under 3 years of age
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.