

Product Data Sheet

Product Name

Promin Low Protein X Pot

Product Flavour

Beef & Tomato

Product Weight

240g, 4 x 60g pots

Ingredients

Maize and Potato Starch Shapes (Maize Starch, Pregelatinized Maize Starch, Pregelatinized Modified Potato Starch (E1414), Emulsifier (E471), Vegetable Oil, Colour (E160a)), Maltodextrin, Maize Starch, Tomato Powder, Sugar, Dried Vegetables 7% (Onion, Peas), Salt, Tomato Flavour, Pregelatinized Maize Starch, Monosodium Glutamate, Savoury Flavour, Onion Powder, **Beef Flavour (Sulphur Dioxide)**, Colour (Paprika), Citric Acid, Colour (Caramel), Garlic. For allergens, see ingredients in **bold**.

Amino Acid Profile

| <u>Amino Acid</u> | <u>G per 100g of dry product</u> |
|-------------------|----------------------------------|
| Cysteic Acid | 0.000 |
| Hydroxyproline | 0.000 |
| Aspartic Acid | 0.043 |
| Threonine | 0.009 |
| Serine | 0.016 |
| Glutamic Acid | 0.413 |
| Proline | 0.020 |
| Glycine | 0.019 |
| Alanine | 0.015 |
| Cystine | 0.000 |
| Valine | 0.016 |
| Methionine | 0.005 |
| Isoleucine | 0.035 |
| Leucine | 0.015 |
| Tyrosine | 0.023 |
| Phenylalanine | 0.031 |
| Histidine | 0.020 |
| Tryptophan | 0.000 |
| Lysine | 0.014 |
| Arginine | 0.020 |

| | <u>Mg per 100g of prepared product</u> | <u>Mg per prepared pot*</u> |
|---------------|--|-----------------------------|
| Phenylalanine | 10 | 19 |
| Tyrosine | 7 | 14 |
| Methionine | 2 | 3 |
| Leucine | 5 | 9 |

*Nutritional information is based on 1 x 60g pot producing **190g** of prepared product

Nutritional Information

| | <u>Unit</u> | <u>Per 100g of dry product</u> | <u>Per 100g of prepared product</u> | <u>Per prepared pot*</u> |
|---------------------------|-------------|--------------------------------|-------------------------------------|--------------------------|
| Energy | kJ | 1820 | 575 | 1092 |
| | Kcal | 434 | 137 | 260 |
| Fat | g | 14.9 | 4.7 | 8.9 |
| <i>of which saturates</i> | g | 2.3 | 0.7 | 1.4 |
| Carbohydrates | g | 71.6 | 22.6 | 43 |
| <i>of which sugars</i> | g | 6 | 1.9 | 3.6 |
| Fibre | g | 2.1 | 0.7 | 1.3 |
| Protein | g | 0.7 | 0.2 | 0.4 |
| Salt | g | 7.3 | 2.3 | 4.4 |

| <u>Minerals</u> | <u>Unit</u> | <u>Per 100g of dry product</u> | <u>Per 100g of prepared product</u> | <u>Per prepared pot*</u> |
|-----------------|-------------|--------------------------------|-------------------------------------|--------------------------|
| Sodium | g | 2.9 | 0.8 | 1.5 |

Cooking Instructions

- Snap off lid, add boiled water to fill line (133ml) and stir,
- Replace the lid, leave for 5 minutes, and stir.

Additional Information

- Store in a cool dry place. Once opened use immediately
- Shelf Life – 12 months
- Not suitable for children under 3 years of age
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.