

Product Data Sheet

Product Name

Promin Low Protein X Pot

Product Flavour

All Day Scramble

Product Weight

240g, 4 x 60g pots

Ingredients

Maize and Potato Starch Shapes (Maize Starch, Pregelatinized Maize Starch, Pregelatinized Modified Potato Starch (E1414), Emulsifier (E471), Vegetable Oil, Colour (E160a)), Maltodextrin, Maize Starch, Non Dairy Creamer, Sugar, Salt, Tomato Flavour, Pregelatinized Maize Starch, Monosodium Glutamate, Dried Tomato, Savoury Flavour, Dried Mushroom, Bacon Flavour, Sausage Flavour, Colour (Carotene), Citric Acid, Pepper. See allergens in **bold**.

Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.000
Hydroxyproline	0.000
Aspartic Acid	0.0457
Threonine	0.0144
Serine	0.0161
Glutamic Acid	0.754
Proline	0.0217
Glycine	0.0136
Alanine	0.0252
Cystine	0.000
Valine	0.0190
Methionine	0.00628
Isoleucine	0.0144
Leucine	0.0304
Tyrosine	0.00623
Phenylalanine	0.0179
Histidine	0.0161
Tryptophan	0.000
Lysine	0.0202
Arginine	0.0140

	<u>Mg per 100g of prepared product</u>	<u>Mg per prepared pot*</u>
Phenylalanine	6	11
Tyrosine	2	4
Methionine	2	4
Leucine	10	18

*Nutritional information is based on 1 x 60g pot producing **190g** of prepared product

Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared pot*</u>
Energy	kJ	1872	591	1123
	Kcal	443	140	266
Fat	g	16.2	5.1	9.8
<i>of which saturates</i>	g	3.5	1.1	2.1
Carbohydrates	g	73.2	23.1	43.9
<i>of which sugars</i>	g	5.1	1.6	3.1
Fibre	g	0.7	0.2	0.1
Protein	g	1	0.3	0.6
Salt	g	6	1.9	3.6

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared pot*</u>
Sodium	g	2.4	0.8	1.4

Cooking Instructions

- Snap off lid, add boiled water to fill line (133ml) and stir,
- Replace the lid, leave for 5 minutes, and stir.

Additional Information

- Store in a cool dry place. Once opened use immediately
- Shelf Life – 12 months
- Not suitable for children under 3 years of age
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.