

Product Data Sheet

Product Name

Promin Low Protein Sausage Original Flavour

Product Description

Low protein dried sausage mix made from maize starch and potato

Product Weight

120g, 4 x 30g sachets

Ingredients

Maize Starch, Potato Flake, Hydrogenated Vegetable Oil, Modified Maize Starch, Modified Potato Starch, Dried Onion, Dried Mushroom, Stabiliser, Savoury Flavour, Sausage Flavour, Emulsifier (E471), Dried Sage, Salt, Colour (Caramelised Sugar), Anti-oxidant (E300), Colour (E160a), Pepper. For allergens, see ingredients in **bold**.

Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.00
Hydroxyproline	0.00
Aspartic Acid	0.28
Threonine	0.08
Serine	0.08
Glutamic Acid	0.79
Proline	0.08
Glycine	0.07
Alanine	0.10
Cystine	0.02
Valine	0.09
Methionine	0.03
Isoleucine	0.07
Leucine	0.13
Tyrosine	0.05
Phenylalanine	0.10
Histidine	0.08
Tryptophan	0.00
Lysine	0.12
Arginine	0.16

	<u>Mg per 100g of prepared product</u>	<u>Mg per prepared sachet*</u>
Phenylalanine	38	30
Tyrosine	19	15
Methionine	11	9
Leucine	49	39

*Nutritional information is based on 1 x 30g sachet producing **80g** of prepared product

Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Energy	kJ	1658	622	497
	Kcal	394	148	118
Fat	g	11.5	4.3	3.5
<i>of which saturates</i>	g	6.6	2.5	2
Carbohydrates	g	72.5	27.2	21.8
<i>of which sugars</i>	g	5.1	1.9	1.5
Fibre	g	3.2	1.2	1
Protein	g	2.3	0.9	0.7
Salt	g	2	0.8	0.6

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Magnesium	mg	34	13	10
Phosphorus	mg	23	9	7
Calcium	mg	68	26	20
Potassium	mg	69	26	21
Chloride	g	1.2	0.5	0.4
Sodium	g	0.8	0.3	0.2

Cooking Instructions

- Empty the contents of the sachet into a bowl and add 50ml of cold water and mix,
- Leave for 1 minute. Form into sausage shapes on an oiled surface,
- Shallow fry, turning regularly for 3-4 minutes until heated through.

Additional Information

- Store in a cool dry place. Once opened use immediately
- Shelf Life – 12 months
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.