

## Product Data Sheet

### Product Name

Promin Low Protein Potato Pot

### Product Flavour

Onion & Croutons

### Product Weight

50g

### Ingredients

Potato Flake, Maize Starch, Maltodextrin, Non-Dairy Creamer, Pregelatinized Maize Starch, Pregelatinized Modified Potato Starch, Onion, **Wheat Starch (Gluten)**, Salt, Emulsifier (E471), Chives, Colour (Caramel), Pepper. For allergens, see ingredients in **bold**.

### Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.000
Hydroxyproline	0.000
Aspartic Acid	0.303
Threonine	0.0914
Serine	0.0727
Glutamic Acid	0.371
Proline	0.0853
Glycine	0.0604
Alanine	0.0689
Cystine	0.00589
Valine	0.0952
Methionine	0.0329
Isoleucine	0.0745
Leucine	0.136
Tyrosine	0.0431
Phenylalanine	0.0909
Histidine	0.0522
Tryptophan	0.000
Lysine	0.112
Arginine	0.103

	<u>Mg per 100g of prepared product</u>	<u>Mg per 50g pot*</u>
Phenylalanine	27	45
Tyrosine	13	22
Methionine	10	16
Leucine	40	68

\*Nutritional information is based on 1 x 50g pot producing **170g** of prepared product

## Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per 50g pot*</u>
Energy	kJ	1650	485	825
	Kcal	390	115	195
Fat	g	7.2	2.1	3.6
<i>of which saturates</i>	g	3.8	1.1	1.9
Carbohydrates	g	77.7	22.9	38.9
<i>of which sugars</i>	g	1.5	0.4	0.8
Fibre	g	2.2	0.6	1.1
Protein	g	1.8	0.5	0.9
Salt	g	3.3	1	1.7

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per 50g pot*</u>
Sodium	g	1.3	0.4	0.7

## Cooking Instructions

- Snap off lid, add boiled water to fill line (120ml) and stir,
- Replace lid, leave for 2 minutes, and stir.

## Additional Information

- Store in a cool dry place. Once opened use immediately
- Shelf Life – 12 months
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.