

Product Data Sheet

Product Name

Promin Low Protein Potato Cake Mix

Product Weight

300g

Ingredients

Potato Flake, Maize Starch, Pregelatinized Maize Starch, Pregelatinized Potato Starch, Salt, Emulsifier (E471), Stabiliser, Pepper. For allergens, see ingredients in **bold**.

Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.0000
Hydroxyproline	0.0000
Aspartic Acid	0.358
Threonine	0.0914
Serine	0.0854
Glutamic Acid	0.385
Proline	0.0819
Glycine	0.0752
Alanine	0.0940
Cystine	0.0000
Valine	0.119
Methionine	0.0441
Isoleucine	0.0900
Leucine	0.164
Tyrosine	0.0486
Phenylalanine	0.113
Histidine	0.0593
Tryptophan	0.0000
Lysine	0.141
Arginine	0.1000

	<u>Mg per 100g prepared</u>	<u>Mg per 50g mix*</u>
Phenylalanine	43	57
Tyrosine	19	24
Methionine	17	11
Leucine	63	41

*Nutritional information is based on a 50g dry mix producing **130g** of prepared product

Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per 50g mix*</u>
Energy	kJ	1700	654	850
	Kcal	402	155	201
Fat	g	9	3.5	4.5
<i>of which saturates</i>	g	1.2	0.5	0.6
Carbohydrates	g	75.4	29	37.7
<i>of which sugars</i>	g	1.5	0.6	0.8
Fibre	g	3.2	1.2	1.6
Protein	g	2.1	0.8	1.1
Salt	g	1.5	0.6	0.8

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per 50g mix*</u>
Sodium	g	0.6	0.2	0.3

Cooking Instructions

- Weigh out 50g of potato cake mix,
- Add 80ml of water and mix well,
- Form into 2 circles and fry gently for 2-3 minutes on each side until cooked.

Additional Information

- Store in a cool dry place. Once opened use within 4 weeks
- Shelf Life – 6 months
- Not suitable for children under 3 years of age
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.