

Product Data Sheet

Product Name

Promin Low Protein Pasta in Sauce Tomato, Pepper & Herb Flavour

Product Description

Low protein potato starch shapes in a tomato, pepper and herb sauce

Product Weight

288g, 4 x 72g sachets

Ingredients

Maize and Potato Starch Shapes (Maize Starch, Modified Maize Starch, Modified Potato Starch, Emulsifier (E471), Stabiliser, Anti-oxidant (E300), Colour (E160a)), Sugar, Maize starch, Tomato Powder, Tomato Flavour, Salt, Dried Red Bell Pepper, Monosodium Glutamate, Savoury Flavour, Onion Powder, Yeast Extract, Dried Mixed Herbs, Stabiliser, Colour (Paprika Extract), Citric Acid, Dried Green Pepper, Dried Parsley, Garlic Powder, Pepper Encapsulate. Allergens are in **bold**.

Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.0000
Hydroxyproline	0.0000
Aspartic Acid	0.204
Threonine	0.0409
Serine	0.0359
Glutamic Acid	1.59
Proline	0.0000
Glycine	0.0367
Alanine	0.0578
Cystine	0.0000
Valine	0.0418
Methionine	0.0141
Isoleucine	0.0352
Leucine	0.0583
Tyrosine	0.0121
Phenylalanine	0.0432
Histidine	0.0557
Tryptophan	0.0000
Lysine	0.0462
Arginine	0.0588

	<u>Mg per 100g of prepared product</u>	<u>Mg per prepared sachet*</u>
Phenylalanine	13	31
Tyrosine	4	9
Methionine	4	10
Leucine	17	42

*Nutritional information is based on 1 x 72g sachet producing **245g** of prepared product

Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Energy	kJ	1429	420	1029
	Kcal	337	99	243
Fat	g	0.3	0.1	0.2
<i>of which saturates</i>	g	0.2	0.1	0.1
Carbohydrates	g	82.3	24.2	59.3
<i>of which sugars</i>	g	11.6	3.4	8.4
Fibre	g	1.8	0.5	1.3
Protein	g	2.3	0.7	1.7
Salt	g	3.5	1	2.5

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Sodium	g	1.4	0.4	1

Cooking Instructions

- Empty the contents of the sachet into a saucepan, add 275mls of water and stir,
- Bring to the boil and simmer uncovered for 12-15 minutes stirring occasionally,
- Sauce will thicken on standing.

Microwave:

- Empty packet into a large microwaveable bowl and mix with 275mls of water,
- Stir, cover with vented lid and cook on full power for 6 ½ minutes,
- Stir and cook on full power for 2 minutes. Leave to stand for 2 minutes,
- Sauce will thicken on standing. Based on 750w.

Additional Information

- Store in a cool dry place. Once opened use within 2-3 days
- Shelf Life – 12 months from manufacture
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.