

Product Data Sheet

Product Name

Promin Low Protein Pasta in Sauce Cheese & Broccoli Flavour

Product Description

Low protein potato starch shapes in a cheese and broccoli sauce

Product Weight

264g, 4 x 66g sachets

Ingredients

Maize and Potato Starch Shapes (Maize Starch, Modified Maize Starch, Modified Potato Starch, Emulsifier (E471), Stabiliser, Anti-oxidant (E300), Colour (E160a)), Maize Starch, Maltodextrin, Monosodium Glutamate, Non-Dairy Creamer, Salt, Savoury Flavour, **Cheese Flavour (Milk)**, Titanium Dioxide, Onion Powder, Broccoli Florets, Stabiliser, **Mustard Powder**, Colour (Turmeric), Parsley, Pepper. For allergens containing milk, see ingredients in **bold**.

Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.000
Hydroxyproline	0.000
Aspartic Acid	0.0391
Threonine	0.0134
Serine	0.0146
Glutamic Acid	2.46
Proline	0.000
Glycine	0.0181
Alanine	0.0233
Cystine	0.000
Valine	0.0216
Methionine	0.00830
Isoleucine	0.0167
Leucine	0.0323
Tyrosine	0.00839
Phenylalanine	0.0194
Histidine	0.0217
Tryptophan	0.000
Lysine	0.0264
Arginine	0.0309

	<u>Mg per 100g of prepared product</u>	<u>Mg per prepared sachet*</u>
Phenylalanine	6	13
Tyrosine	3	6
Methionine	3	5
Leucine	10	21

*Nutritional information is based on 1 x 66g sachet producing **210g** of prepared product

Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Energy	kJ	1425	448	941
	Kcal	337	106	222
Fat	g	0.3	0.1	0.2
<i>of which saturates</i>	g	0.3	0.1	0.2
Carbohydrates	g	82.1	25.8	54.2
<i>of which sugars</i>	g	1	0.3	0.7
Fibre	g	0.7	0.2	0.5
Protein	g	2.9	0.9	1.9
Salt	g	2	0.6	1.3

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Sodium	g	0.8	0.3	0.5

Cooking Instructions

- Empty the contents of the sachet into a saucepan, add 225mls of water and stir,
- Bring to the boil and simmer uncovered for 12-15 minutes, stirring occasionally,
- Sauce will thicken on standing.

Microwave:

- Empty packet into a large microwaveable bowl,
- Mix together with 225mls of water, stir, cover with vented lid, cook on full power for 6 ½ minutes,
- Stir and cook on full power for 2 minutes, leave to stand for 2 minutes.
- Sauce will thicken on standing. Based on 750w.

Additional Information

- Store in a cool dry place. Once opened use within 2-3 days
- Shelf Life – 12 months from manufacture
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.