

## Product Data Sheet

Product Name

Promin Low Protein Macpot

Product Flavour

Macaroni Cheese

Product Weight

244g, 4 x 61g pots

Ingredients

Maize and Potato Starch shapes (Maize Starch, Pregelatinized Maize Starch, Pregelatinized Modified Potato Starch, Vegetable Oil, Emulsifier (E471), Colour (E160a)), Maize Starch, Maltodextrin, Pregelatinized Maize Starch, Non-Dairy Creamer, Onion Powder, Cheese Powder, Monosodium Glutamate, Savoury Flavour, Salt, **Mustard Powder**, Titanium Dioxide, Colour (E160a), Stabiliser. See allergens in **bold**.

Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.000
Hydroxyproline	0.000
Aspartic Acid	0.0482
Threonine	0.0212
Serine	0.0184
Glutamic Acid	0.878
Proline	0.0295
Glycine	0.0143
Alanine	0.0247
Cystine	0.000
Valine	0.0241
Methionine	0.0077
Isoleucine	0.0206
Leucine	0.0415
Tyrosine	0.0102
Phenylalanine	0.0234
Histidine	0.0178
Tryptophan	0.000
Lysine	0.0277
Arginine	0.0292

	<u>Mg per 100g of prepared product</u>	<u>Mg per prepared pot*</u>
Phenylalanine	7	14
Tyrosine	3	6
Methionine	2	5
Leucine	13	25

\*Nutritional information is based on 1 x 61g pot producing **194g** of prepared product

## Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared pot*</u>
Energy	kJ	1870	588	1141
	Kcal	445	140	271
Fat	g	14.6	4.6	9
<i>of which saturates</i>	g	3.5	1.1	2.1
Carbohydrates	g	76.3	24	46.5
<i>of which sugars</i>	g	1.3	0.4	0.8
Fibre	g	1.1	0.3	0.7
Protein	g	1.2	0.4	0.7
Salt	g	1.8	0.6	1.1

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared pot*</u>
Sodium	g	0.7	0.2	0.4

## Cooking Instructions

- Snap off lid, add boiled water to fill line (133ml) and stir,
- Replace lid, leave for 5 minutes, and stir.

## Additional Information

- Store in a cool dry place. Once opened use immediately
- Shelf Life – 12 months
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.