

## Product Data Sheet

### Product Name

Promin Low Protein Instant Soup Minestrone Flavour with Croutons

### Product Description

Low protein maize and potato starch minestrone flavour soup mix

### Product Weight

112g, 4 x 28g sachets

### Ingredients

Maize and Potato Starch Shapes (Maize Starch, Pregelatinized Maize Starch, Pregelatinized Modified Potato Starch, Emulsifier (E471), Sugar, Vegetable Oil, Bicarbonate of Soda, Colour (E160a)), Maltodextrin, Tomato Powder, **Wheat Starch (Gluten)**, Sugar, Pregelatinized Modified Potato Starch, Salt, Natural Flavour, Dried Vegetables (Carrot, Onion, Peas), Bacon Flavour, Savoury Flavour, Parsley, Colour (Caramel). For allergens, see ingredients in **bold**.

### Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.000
Hydroxyproline	0.000
Aspartic Acid	0.127
Threonine	0.013
Serine	0.061
Glutamic Acid	1.500
Proline	0.010
Glycine	0.010
Alanine	0.049
Cystine	0.007
Valine	0.008
Methionine	0.008
Isoleucine	0.018
Leucine	0.012
Tyrosine	0.012
Phenylalanine	0.0160
Histidine	0.010
Tryptophan	0.010
Lysine	0.012
Arginine	0.025

	<u>Mg per 100g of prepared product</u>	<u>Mg per prepared sachet*</u>
Phenylalanine	2	4
Tyrosine	1	3
Methionine	1	2
Leucine	1	3

\*Nutritional information is based on 1 x 28g sachet producing **258g** of prepared product

## Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Energy	kJ	1470	160	412
	Kcal	346	38	97
Fat	g	2.8	0.3	0.8
<i>of which saturates</i>	g	0.6	0.1	0.2
Carbohydrates	g	75.1	8.2	21
<i>of which sugars</i>	g	16.3	1.8	4.6
Fibre	g	3.3	0.4	0.9
Protein	g	1.9	0.2	0.5
Salt	g	5.8	0.6	1.65

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Magnesium	mg	18	2	5
Phosphorus	mg	36	4	10
Calcium	mg	18	2	5
Potassium	mg	87	9	24
Chloride	g	1.0	0.1	0.3
Sodium	g	2.3	0.25	0.66

## Cooking Instructions

- Empty sachet into a cup or mug,
- Add 230ml of boiled water and stir,
- Leave for 2 minutes and stir.

## Additional Information

- Store in a cool dry place. Once opened use immediately
- Shelf Life – 12 months
- Not suitable for children under 3 years of age
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.