

## Product Data Sheet

### Product Name

Promin Low Protein Instant Soup Creamy Tomato Flavour with Croutons

### Product Description

Low protein maize and potato starch creamy tomato flavour soup mix

### Product Weight

92g, 4 x 23g sachets

### Ingredients

Maltodextrin, Non Dairy Creamer, **Wheat Starch (Gluten)**, Sugar, Pregelatinized Modified Potato Starch, Salt, Tomato Powder, Maize Starch, Inulin, Onion Powder, Tomato Flavour, Colour (Paprika), Basil. For allergens, see ingredients in **bold**.

### Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.000
Hydroxyproline	0.000
Aspartic Acid	0.093
Threonine	0.005
Serine	0.011
Glutamic Acid	0.203
Proline	0.010
Glycine	0.010
Alanine	0.018
Cystine	0.007
Valine	0.008
Methionine	0.008
Isoleucine	0.018
Leucine	0.009
Tyrosine	0.069
Phenylalanine	0.016
Histidine	0.010
Tryptophan	0.010
Lysine	0.007
Arginine	0.012

	<u>Mg per 100g of prepared product</u>	<u>Mg per prepared sachet*</u>
Phenylalanine	1	4
Tyrosine	6	16
Methionine	1	2
Leucine	1	2

\*Nutritional information is based on 1 x 23g sachet producing **253g** of prepared product

## Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Energy	kJ	1620	147	373
	Kcal	384	35	88
Fat	g	7.8	0.7	1.8
<i>of which saturates</i>	g	4	0.4	0.9
Carbohydrates	g	75.6	6.9	17.4
<i>of which sugars</i>	g	15.1	1.4	3.5
Fibre	g	1.7	0.2	0.4
Protein	g	2	0.2	0.5
Salt	g	4.8	0.4	1.1

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Sodium	g	1.9	0.2	0.4

## Cooking Instructions

- Empty the sachet into a cup or mug,
- Add 230ml of boiled water and stir,
- Leave for 2 minutes and stir.

## Additional Information

- Store in a cool dry place. Once opened use immediately
- Shelf Life – 12 months
- Not suitable for children under 3 years of age
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.