

## Product Data Sheet

### Product Name

Promin Low Protein Hot Breakfast Apple & Cinnamon Flavour

### Product Description

Low protein maize and potato starch fruit flavour mix

### Product Weight

342g, 6 x 57g sachets

### Ingredients

Maize Starch, Sugar, Modified Maize Starch, Modified Potato Starch, Non-Dairy Creamer, **Apple Flake (Sulphur Dioxide)**, Cinnamon, Emulsifier (E471), Stabiliser, Apple Flavour, Anti-oxidant (E300), Colour (E160a). For allergens, see ingredients in **bold**.

### Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.000
Hydroxyproline	0.000
Aspartic Acid	0.046
Threonine	0.014
Serine	0.017
Glutamic Acid	0.058
Proline	0.023
Glycine	0.014
Alanine	0.026
Cystine	0.000
Valine	0.020
Methionine	0.005
Isoleucine	0.014
Leucine	0.035
Tyrosine	0.005
Phenylalanine	0.017
Histidine	0.001
Tryptophan	0.000
Lysine	0.017
Arginine	0.011

	<u>Mg per 100g of prepared product</u>	<u>Mg per prepared sachet*</u>
Phenylalanine	2	3
Tyrosine	6	10
Methionine	0.6	1
Leucine	4	7

\*Nutritional information is based on 1 x 57g sachet producing **167g** of prepared product

## Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Energy	kJ	1679	573	957
	Kcal	396	135	226
Fat	g	2.9	1	1.7
<i>of which saturates</i>	g	1.8	0.6	1
Carbohydrates	g	91.7	31.3	52.3
<i>of which sugars</i>	g	25.2	8.6	14.4
Fibre	g	1.5	0.5	0.9
Protein	g	0.3	0.1	0.2
Salt	g	0.5	0.2	0.3

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Sodium	g	0.2	0.06	0.1
Magnesium	Mg	45	15	26
Phosphorus	mg	81	28	46
Calcium	mg	32	11	18
Potassium	mg	87	30	50
Chloride	g	0.5	0.2	0.3

## Cooking Instructions

- Empty the contents of the sachet into a heat resistance bowl,
- Add 110ml of boiling water and stir,
- Leave to stand for 30 seconds.

## Additional Information

- Store in a cool dry place
- Shelf Life – 13 months
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.