

Product Data Sheet

Product Name

Promin Low Protein Dessert Strawberry & Vanilla Flavour

Product Description

Low protein dessert mix made from maize starch and sugar

Product Weight

219g, 6 x 36.5g

Ingredients

Sugar, Modified Maize Starch, Maltodextrin, Non-Dairy Creamer, Strawberry Powder, Stabiliser, Vanilla Flavour, Strawberry Flavour, Citric Acid. For allergens, see ingredients in **bold**.

Amino Acid Profile

| <u>Amino Acid</u> | <u>G per 100g of dry product</u> |
|-------------------|----------------------------------|
| Cysteic Acid | 0.0000 |
| Hydroxyproline | 0.0000 |
| Aspartic Acid | 0.0198 |
| Threonine | 0.0035 |
| Serine | 0.0049 |
| Glutamic Acid | 0.0240 |
| Proline | 0.0077 |
| Glycine | 0.0023 |
| Alanine | 0.0052 |
| Cystine | 0.0000 |
| Valine | 0.0046 |
| Methionine | 0.0013 |
| Isoleucine | 0.0034 |
| Leucine | 0.0072 |
| Tyrosine | 0.0018 |
| Phenylalanine | 0.0040 |
| Histidine | 0.0033 |
| Tryptophan | 0.0000 |
| Lysine | 0.0045 |
| Arginine | 0.0023 |

| | <u>Mg per 100g of prepared product</u> | <u>Mg per prepared sachet*</u> |
|---------------|--|--------------------------------|
| Phenylalanine | 1 | 1 |
| Tyrosine | 1 | 1 |
| Methionine | 0.3 | 0.4 |
| Leucine | 2 | 3 |

*Nutritional information is based on 1 x 36.5g sachet producing **136.5g** of prepared product

Nutritional Information

| | <u>Unit</u> | <u>Per 100g of dry product</u> | <u>Per 100g of prepared product</u> | <u>Per prepared sachet*</u> |
|---------------------------|-------------|--------------------------------|-------------------------------------|-----------------------------|
| Energy | kJ | 1724 | 461 | 629 |
| | Kcal | 408 | 109 | 149 |
| Fat | g | 2.2 | 0.6 | 0.8 |
| <i>of which saturates</i> | g | 2.2 | 0.6 | 0.8 |
| Carbohydrates | g | 95.4 | 25.5 | 34.8 |
| <i>of which sugars</i> | g | 51.6 | 13.8 | 18.8 |
| Fibre | g | 1.9 | 0.5 | 0.7 |
| Protein | g | 0.4 | 0.1 | 0.1 |
| Salt | g | 0.3 | 0.06 | 0.08 |

| <u>Minerals</u> | <u>Unit</u> | <u>Per 100g of dry product</u> | <u>Per 100g of prepared product</u> | <u>Per prepared sachet*</u> |
|-----------------|-------------|--------------------------------|-------------------------------------|-----------------------------|
| Magnesium | mg | 12 | 3 | 4 |
| Phosphorus | mg | 69 | 18 | 25 |
| Calcium | mg | 30 | 8 | 11 |
| Potassium | mg | 79 | 21 | 29 |
| Chloride | g | 0.8 | 0.2 | 0.3 |
| Sodium | g | 0.1 | 0.02 | 0.03 |

Cooking Instructions

- Empty the sachet into a bowl,
- Add 100ml of cold water and mix with a fork or whisk,
- Leave to stand for one minute.

Additional Information

- Store in a cool dry place. Once opened use immediately
- Shelf Life – 12 months
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.