

Product Data Sheet

Product Name

Promin Low Protein Burger Mix Original Flavour

Product Description

Low protein dried burger mix made from maize and potato starches

Product Weight

248g, 4 x 62g sachets

Ingredients

Maize Starch, Hydrogenated Vegetable Oil, Modified Maize Starch, Modified Potato Starch, Dried Mushroom, Dried Onion, Savoury Flavour, Stabiliser, Emulsifier (E471), Garlic Powder, Colour (Caramelised Sugar), Beef Flavour, Salt, Pepper, Anti-oxidant (E300), Colour (E160a). For allergens, see ingredients in **bold**.

Amino Acid Profile

<u>Amino Acid</u>	<u>G per 100g of dry product</u>
Cysteic Acid	0.00
Hydroxyproline	0.00
Aspartic Acid	0.18
Threonine	0.08
Serine	0.08
Glutamic Acid	0.73
Proline	0.07
Glycine	0.07
Alanine	0.10
Cystine	0.01
Valine	0.08
Methionine	0.02
Isoleucine	0.06
Leucine	0.11
Tyrosine	0.05
Phenylalanine	0.08
Histidine	0.06
Tryptophan	0.00
Lysine	0.10
Arginine	0.17

	<u>Mg per 100g of prepared product</u>	<u>Mg per prepared sachet*</u>
Phenylalanine	31	50
Tyrosine	19	31
Methionine	8	12
Leucine	42	68

*Nutritional information is based on 1 x 62g sachet producing **162g** of prepared product

Nutritional Information

	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Energy	kJ	1701	651	1055
	Kcal	404	155	250
Fat	g	12.7	4.9	7.9
<i>of which saturates</i>	g	8.4	3.2	5.2
Carbohydrates	g	71.6	27.4	44.4
<i>of which sugars</i>	g	5.1	2	3.2
Fibre	g	3.0	1.1	1.9
Protein	g	2.1	0.8	1.3
Salt	g	2	0.8	1.2

<u>Minerals</u>	<u>Unit</u>	<u>Per 100g of dry product</u>	<u>Per 100g of prepared product</u>	<u>Per prepared sachet*</u>
Magnesium	mg	34	13	21
Phosphorus	mg	21	8	13
Calcium	mg	74	28	46
Potassium	mg	72	28	22
Chloride	g	1.3	0.5	0.8
Sodium	g	0.8	0.3	0.5

Cooking Instructions

- Empty the contents of the sachet into a bowl,
- Add 100mls of cold water, mix together and leave for 1 minute,
- Form into 2 burgers and shallow fry for 2 - 3 minutes on each side until heated through.

Additional Information

- Store in a cool dry place. Once opened use immediately
- Shelf Life – 12 months
- Manufactured in the United Kingdom
- **Important Notice:** Food for special medical purposes, should be used under medical supervision. For use in the dietary management of inherited metabolic disorders, or conditions requiring a low protein diet. Not suitable as a sole source of nutrition. Not for parenteral use.