

0.45g Protein per Baguette (Approximate)



# MINI BAGUETTE

Low Protein Lunch Rolls

200 g (2x100 g)

TRADITIONAL STYLE MINI FRENCH BAGUETTES: INDIVIDUALLY WRAPPED AND READY TO EAT IN JUST A FEW MINUTES

**Ingredients:** water, gluten-free wheat starch, gluten-free wheat fibre, thickeners: hydroxypropyl methylcellulose, guar gum, locust

bean gum; palm fat, rice syrup, rice starch, yeast, dextrose, salt, acidulant: citric acid

## Preparation



**HIGH FIBRE**

Typical values per	100 g
Energy	961 kJ 229 kcal
Fat	3,6 g
of which saturates	1,7 g
Carbohydrates	41 g
of which sugars	2,6 g
Fibre	15 g
<b>Protein</b>	<b>0.9 g</b>
of which Phenylalanine	23 mg
of which Tyrosine	16 mg
of which Leucine	42 mg
Salt	0.37 g
Sodium	0.15 g
Potassium	53 mg
Phosphorus	32 mg

GLUTEN FREE