PKU EASY Microtabs Plus

A Food for Special Medical Purposes (FSMP)

Use under medical supervision.

DESCRIPTION:

PKU Easy Microtabs Plus are a phenylalanine free protein substitute containing vitamins, minerals and essential and non-essential amino acids.

INDICATIONS:

PKU Easy Microtabs Plus are suitable to be used in the dietary management of proven Phenylketonuria (PKU) in patients aged 3 years and above under strict medical supervision.

DOSAGE:

Dosage to be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

The measuring cup included inside the box should be used to measure the dosage of microtabs. Please fill the cup with microtabs up to the 25 ml mark. This will equate to 20 g of microtabs.

20 grams of microtabs = 10 grams of protein equivalent.

ADMINISTRATION:

PKU Easy Microtabs Plus are small, coated, slow-release tablets which are to be swallowed whole with liquid. They can also be taken with cold foods such as custard, jam or fruit puree. Due to the coating used, PKU Easy Microtabs Plus should not be chewed or crushed, and have minimal smell and taste.

PKU EASY MICROTABS PLUS PER 100g

339 kcal
1,85 g fat from various excipients
18 g carbohydrates from various excipients
54 g protein

STORAGE:
Store in a cool, dry place

PACK SIZE:
6 x 100 grams

Important Notice:

- Must only be given to patients with proven PKU under strict medical supervision.
- Suitable from 3 years of age.
Not for use as a sole source of nutrition.
- Diet must be supplemented with natural protein, water and other nutrients in prescribed quantities to supply phenylalanine, fluid and general nutritional requirements.
- For enteral use only. Not for parenteral use.

SHELF LIFE:
18 months. Once opened, the product should be consumed within one month.

Medical Nutrition

NUTRITIONAL INFORMATION

	Per 100 g	Per 20 g	
Energy	1428	286	kJ
	339	68	kcal
Fat	1.85	0.37	g
of which saturates	1.55	0.31	g
Carbohydrate	18	3.6	g
Of which sugars	0.57	0.11	g
Fibre	17.1	3.42	g
Protein	54	10.8	g
Salt	1.32	0.26	g

AMINO ACIDS

	Per 100 g	Per 20 g	
L-Alanine	2.17	0.43	kJ
L-Aginine	3.46	0.69	kcal
L-Aspartate	5.49	1.10	g
L-Cystine	1.42	0.28	g
Glycine	5.43	1.09	g
L-Glutamine	4.26	0.85	g
L-Histidine	2.17	0.43	g
L-Isoleucine	3.75	0.75	g
L-Leucine	5.85	1.17	g
L-Lysine	3.89	0.78	g
L-Methionine	1.0	0.20	g
L-Proline	3.92	0.78	g
L-Serine	2.42	0.48	g
L-Threonine	3.75	0.75	g
L-Tryptophan	1.17	0.23	g
L-Tyrosine	5.50	1.10	g
L-Valine	4.34	0.87	g
Taurine	0.085	0.017	g
L-Carnitine	0.057	0.011	g

VITAMINS

	Per 100 g	Per 20 g	
Vitamin A	667	133	µg
Vitamin D3	8,4	1,67	µg
Vitamin E	7,5	1,51	mg
Vitamin K	58,3	11,7	µg
Vitamin C	41,7	8,33	mg
Thiamin	1,0	0,20	mg
Riboflavin	1,2	0,23	mg
Niacin	16,7	3,33	mg
Vitamin B6	1,3	0,27	mg
Folic Acid	585	117	µg
Vitamin B12	4,2	0,83	µg
Biotin	20,8	4,15	µg
Pantothenic acid	4,2	0,83	mg

MINERALS

	Per 100 g	Per 20 g	
Potassium	161	32	mg
Calcium	667	133	mg
Phosphorus	643	129	mg
Magnesium	250	50	mg
Iron	12.5	2.5	mg
Zinc	9.2	1.8	mg
Copper	1.25	0.25	mg
Manganese	1.25	0.25	mg
Selenium	63	12.6	µg
Chromium	25.3	5.1	µg
Molybdenum	58.3	11.7	µg
Iodine	126	25.2	µg

Ingredients: bulking agents: cellulose, hydroxypropyl methyl cellulose, hydroxypropyl cellulose; L-lysine- L-aspartate, stabilizer: sodium alginate; L-leucine, L-tyrosine, glycine, coating agent: ethylcellulose, calcium carbonate, hydroxypropyl-methylcellulose, isomalt, fatty acids, medium chain triglycerides, ammonium hydroxide; L-arginine-L-aspartate, L-valine, L-glutamine, L-proline, L-isoleucine, L-threonine, calcium salts of orthophosphoric acid, L-serine, L-alanine, L-histidine, L-cystine, anticaking agent: magnesium salt of fatty acids; L-tryptophan, magnesium carbonate, L-methionine, acidity regulator: citric acid; L-arginine, potassium salts of orthophosphoric acid, L-carnitine-L-tartrate, taurine, ferrum citrate, L-ascorbic acid (vitamin C), menaquinone (Vitamin K), zinc citrate, DL-alpha-tocopheryl acetate (vitamin E), nicotinamide (niacin), sodium molibdate, dye: iron oxides and hydroxides; manganese gluconate, D-pantothenate calcium (pantothenic acid), retinyl acetate (Vitamin A), cyanocobalamin (vitamin B12), cholecalciferol (vitamin D), copper citrate, pyridoxine hydrochloride (vitamin B6), thiamin hydrochloride (vitamin B1), riboflavin (vitamin B2), pteroylmonoglutamic acid (folic acid), chromium picolinate, potassium iodide, sodium selenite, biotine.